



# Cabin Fever Quilters' Guild

CELEBRATING OVER 40 YEARS

## Northern Comfort

### President's Piece

I hope everyone had a thankful/grateful Nov. 23rd. Finding things to be thankful/grateful for can sometimes be a challenge if life is not going well. Always look for those tiny moments, these are the things that take us through those challenging times. Even being grateful for something as simple as a blanket is truly important.

Please remember that we all have a responsibility to one another in the guild. It is always fun to get together, but we sometimes lose sight of the fact that we serve other interests such as our community.

**We need a volunteer for Secretary. Without a Secretary, our raffle license will be revoked. NO RAFFLE, NO RAFFLE QUILT, and there will be no meeting minutes.**

The Secretary is responsible for the following:

Attend most meetings, find a substitute when necessary, type meeting notes up and review, and submit minutes to the newsletter editor. If they are unable to do any of the above they are responsible for finding a substitute.

**We also need a volunteer for Parliamentarian.** The Parliamentarian is responsible for a nominating committee for board members.

*Please support your guild!*

### DECEMBER

Dawn Cooper	2
Marcia Bryant	3
Kristen Brown	14
Carol Moore	19
Kanza Easterly-Keill	21
Bobbie Tarkiainen	22
Veronica Belton	31

### JANUARY

Jean Leder	9
Sharon Wheelkey	11
Diana Crawford	17
Dambra Callahan	18
Carol Lovejoy	18
Barb Rothrock	20
Dorothy Stella	23



### DECEMBER

- 13: Board Meeting (5:15pm @ Starbucks, 3465 Geraghyty Ave)
- 19: General Membership Meeting
- 20: Begin Newsletter Submissions

### JANUARY

- 1: NEWSLETTER DEADLINE
- 14: Board Meeting
- 21: General Membership Meeting
- 20: Begin Newsletter Submissions

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**NORTHERN COMFORT** is published monthly on the CFQG Website. Members are notified by email of the web posting. Paper copies are available via first class mail for an annual fee of \$25. Please inform Membership Chairman of any address changes.  
**ADVERTISING:** Personal ads related to quilting are free to Guild members on a space available basis. Quilt related commercial ads: full page \$30, half page \$15, quarter page \$8. Payments should be sent with ad copy. The CFQG cannot accept responsibility for the content of ads.

**CABIN FEVER QUILTERS' GUILD** is a non-profit organization dedicated to promoting the appreciation and knowledge of quilt and quilt making.  
**MEMBERSHIP:** Non-members may attend twice as guests. Guild membership is open to anyone interested in quilts.  
**Annual dues:**  
 \$30 payable in October  
 \$25 for Sr. Rate 60+ years  
 \$25 extra for a mailed Newsletter subscription, others can view on CFQG website.

**NEWSLETTER SUBMITTALS:** Items/corrections are due by the first of the month unless otherwise announced:

- Email subject line MUST contain: **CFQG Newsletter**
- Acceptable file formats: WORD (.docx), Adobe PDF, JPG, TIFF, BMP, GIF (Please include the 3 letter file extension)
- When submitting an article, please send in a Word document.

**MAILING ADDRESS:**

CABIN FEVER QUILTERS' GUILD  
PO Box 83608  
FAIRBANKS, AK 99708

**GENERAL INFO****GENERAL MEMBERSHIP**

3rd **TUESDAY** of month  
**7:00 PM**

Faith Baptist Church  
910 Chena Pump Road  
Fairbanks, Alaska

**BOARD OF DIRECTORS**

2nd **TUESDAY** of month, the  
week before **General Meeting**

**TO SUBSCRIBE TO THE  
CFQG EMAIL LIST:**

Instructions on Page 5

- ◆ Be a CFQG member in good standing.
- ◆ A GMAIL Email is needed

**EXTREME COLD ~  
MEETING CANCELLATION  
POLICY**

When the official outside temperature is **-30°F** or colder **at noon**, the meeting will not be held. Google "weather Fairbanks airport" at 12 noon to verify.

**2024-25 Board of Directors**

POSITION	MEMBER	TERM	HOME	CELL	EMAIL
<b>President</b>	Diana Wariner	2024		206-795-2504	<a href="mailto:diwariner@gmail.com">diwariner@gmail.com</a>
<b>Vice President</b>	Sharon Weekley	2025		322-9865	<a href="mailto:alaskantwilight@hotmail.com">alaskantwilight@hotmail.com</a>
<b>1st Director</b>	Mary Olson	2024		590-8311	<a href="mailto:snowlaydee@hotmail.com">snowlaydee@hotmail.com</a>
<b>2nd Director</b>	Karyn Janssen	2025		378-8740	<a href="mailto:chilkootwoman@gmail.com">chilkootwoman@gmail.com</a>
<b>3rd Director</b>	Karen Prino	2025		687-4716	<a href="mailto:kcprino@alaskanquilt.com">kcprino@alaskanquilt.com</a>
<b>Secretary</b>	<b>VACANT</b>				
<b>Treasurer</b>	Bobbie Tarkiainen	2025		978-6543	<a href="mailto:thebagladiesoffairbanks@gmail.com">thebagladiesoffairbanks@gmail.com</a>
<b>Historian</b>	Bobbie Tarkiainen	2024	479-3209		<a href="mailto:thebagladiesoffairbanks@gmail.com">thebagladiesoffairbanks@gmail.com</a>
<b>Newsletter</b>	Joan Kluwe	2024		223-4351	<a href="mailto:jk2ak94@fulbrightmail.org">jk2ak94@fulbrightmail.org</a>
<b>Publicity</b>	Kat Helmuth	2024	479-9156	590-5098	<a href="mailto:katsniptoys@yahoo.com">katsniptoys@yahoo.com</a>

**2024-25 Committees**

NAME	MEMBER	HOME	CELL	EMAIL
<b>Google Email List</b>	Elaine Thompson-McGee	488-4002	322-0448	<a href="mailto:elaineltm@gmail.com">elaineltm@gmail.com</a>
<b>Community Sewing</b>	Elaine Thompson-McGee	488-4002	322-0448	<a href="mailto:elaineltm@gmail.com">elaineltm@gmail.com</a>
<b>Tanana Valley State Fair</b>	Tricha Immonen Veronica Belton	-	907-347-0562 907-750-4151	<a href="mailto:lifetetsgo@hotmail.com">lifetetsgo@hotmail.com</a> <a href="mailto:vkbelton@gmail.com">vkbelton@gmail.com</a>
<b>Membership</b>	Pat Fox		460-0698	<a href="mailto:pat@ourfoxsden.com">pat@ourfoxsden.com</a>
<b>Quilt Alaska -July 2024</b>	Jeanne Sneddon		347-3104	<a href="mailto:sneddonjeanne@gmail.com">sneddonjeanne@gmail.com</a>
<b>2024 Raffle Quilt</b>	Pat Fox, Sue Gross, and Elaine Thompson McGee		460-0698; 347- 5275; 322-0448	<a href="mailto:pat@ourfoxsden.com">pat@ourfoxsden.com</a> <a href="mailto:lgross@polar.net">lgross@polar.net</a> <a href="mailto:elaineltm@gmail.com">elaineltm@gmail.com</a>
<b>Block of the Month (BOM)</b>	Kathy Richardson	456-6236	378-1834	<a href="mailto:kbrichfai@gmail.com">kbrichfai@gmail.com</a>
<b>Laura's Quilt Slushy</b>	Elaine Thompson McGee	488-4002	322-0448	<a href="mailto:elaineltm@gmail.com">elaineltm@gmail.com</a>
<b>Fall Sew Flurries</b>	Mary Olson		590-8311	<a href="mailto:snowlaydee@hotmail.com">snowlaydee@hotmail.com</a>
<b>Quilting in the Snow</b>	Sue Gross	488-3966	347-5275	<a href="mailto:lgross@polar.net">lgross@polar.net</a>
<b>Bazaars</b>	Sharon Weekley	456-3169	322-9865	<a href="mailto:alaskantwilight@hotmail.com">alaskantwilight@hotmail.com</a>
<b>Hospitality</b>	Dorothy Stella	456-1454		<a href="mailto:enlok610@gmail.com">enlok610@gmail.com</a>
<b>Secret Pals</b>	Colleen Pedretty	474-9334	590-9334	<a href="mailto:colleenp@acsalaska.net">colleenp@acsalaska.net</a>
<b>Small Quilt Auction</b>	Elizabeth Shapland	474-4725		<a href="mailto:eliza99709@hotmail.com">eliza99709@hotmail.com</a>
<b>Sunshine Sue</b>	Bonnie Post	455-6583		<a href="mailto:owascolake@acsalaska.net">owascolake@acsalaska.net</a>
<b>Wall Art Quilt</b>	Melissa Sikes		347-1802	<a href="mailto:melsikes5@gmail.com">melsikes5@gmail.com</a>
<b>Website</b>	Linda Stephenson			<a href="mailto:LindaAK@gmail.com">LindaAK@gmail.com</a>

## BOARD MEETING MINUTES

November 15, 2023

The meeting was called to order at 5:35 pm.

**Members present:** Diana Wariner, Sharon Weekley, Karyn Janssen, Karen Prino, Bobbie Tarkiainen, Veronica Belton

There were no minutes to review as the October meeting was cancelled due to lack of members in town.

**Treasurer's Report:** Bobbie does not have access to the bank account yet. She will provide a report at the next General Membership Meeting. Sharon and Bobbie will provide documentation to Diana and she will update the bank signature cards.

**Membership:** Pat Fox and Bobbie Tarkiainen have met regarding 2024 Membership and Directory.

**Community Sewing:** The Red Cross will once again accept quilts. Once Elaine Thompson-McGee returns, Diana will broach the topic of 2 community sewing days per month to meet the need for additional quilts.

### 2024 Events

Quilting in the Snow, 1/26-28, applications on the webpage.

Quilt Slushy, April, still need a volunteer to Chair.

Fair, dates pending.

Small Quilt Auction, dates pending.

Quilt Alaska, July 2024

Sew Flurries, dates pending, Mary Olson, Chair.

### Raffle Quilt

Pat Fox is the Chair. Still need a quilt. Karyn Janssen offered a bag of Quilt blocks from Ellen C's stash; they need to be trimmed and put together. There was discussion that tourists are more interested in buying tickets for Alaska themed quilts. To be discussed further at the next General Membership meeting,

### Old Business

Board reviewed the Brochure sample and approved the modern look. Diana will finalize and present at the next General Membership meeting,

Zoom software discussion. Annual fee approximately \$140.

Tina Rothwell's husband donated a computer/software and Diana Crawford donated a printer. A motion was made by Karyn Janssen to add computer/printer responsibility to the Secretary position list of duties; motion seconded by Karen Prino. No opposition.

Motion was made by Karyn Janssen to change the 3<sup>rd</sup> Director responsibilities to include obtaining a token gift for the outgoing President and to change the 2<sup>nd</sup> Director responsibilities to include causing the annual financial audit. Motion seconded by Karen Prino; no opposition.

Sharon Weekly reported that the Guild is #7 on the waiting list for the Fairbanks Art Association bazaar. Karyn Janssen offered to follow up with the Arts Association.

Diana will ask again for volunteers for the open positions at the next General Membership Meeting.

### New Business

The December Board meeting will be held at the Starbuck's on Airport Way (by KFC). The Elks cannot accommodate the Guild on Wednesday due to previously scheduled events. Meetings will be relocated to the library once it reopens (scheduled for spring).

Karen Prino asked questions regarding bringing Artists in to teach. She will research potential artists and costs and bring the information to the Board.

Karen Prino asked a question regarding the fee paid to Longarm Quilter for Community Sewing Quilts. Discussion tabled until Elaine Thompson-McGee is available.

Meeting Adjourned at 6:49 pm.

Next General Membership meeting is November 21, 2023, 7 pm, Faith Baptist Church.

Next Board Meeting is December 13, 2023, at Starbucks, 3465 Geraghty Ave.

## CABIN FEVER QUILTER'S GUILD

November 22, 2023, Meeting Minutes

The meeting was called to order at 7:03 pm. Diana Wariner presiding.

No new members or guests.

### October Meeting Minutes

No changes to minutes as written. Margaret Wiedeman motioned to accept minutes; Mary Worrell seconded, motion carried.

### TREASURER'S REPORT (Bobbie Tarkianen)

Checking account:

Beginning of month: \$26,443. End of month: \$26,115

Raffle account:

Beginning of month: \$3,566. End of month: \$3,108

### COMMITTEE REPORTS

**Hospitality:** Dorothy Stella thanked everyone for bringing goodies.

**Guild Buddy Program** – no update this month.

**Membership** – Pat Fox, no update. Diana Wariner thanked the new Board members for stepping up.

**Newsletter** items should be submitted to Joan Kluwe by November 30.

**Secret Pals** – Colleen Pedretty asked for members to consider participating next year, which will begin February 2024.

**Community Sewing** – there will be no CS in November & December; will begin again in January.

**Sunshine Sue** – Bonnie Post sent a card to Lolly Carpluk.

**Bazaar** – Sharon Weekley announced that bazaar items were available for sale in the lobby. She reported that the Monroe Bazaar was slow this year; net profit \$232.76. The Guild is #7 on the wait list for the Fairbanks Art Association Bazaar on 11/25.

*(Continued on Page 4)*

*(November Meeting Minutes—Continued from Page 3)*

The next Bazaar activity will be the table at the Quilt Show. Diana Wariner reminded members that a Volunteer is still needed to take over the Bazaar Committee; Diana would be interested in sharing these duties with someone.

**Quilt Alaska** – Jeanne Sneddon. No update. Entry into the show is due at the end of May.

**Sew Flurries**- Mary Olson reported that dates in September have not been firmed up yet.

**Laura's Quilt Slushy** – No one has volunteered to chair.

**Fair** – Veronica Belton/Tricha Immonen – the Fair theme and 2024 dates have not been announced yet. Kathy Richardson has made several attempts to contact the Fair Director regarding the location of the Quilt Show. Karyn Janssen recommended that a sign be posted on the Totem Building with the location of the Quilt Show. Pat Fox expressed concern about meeting Fire Code at the Quilt Barn; Tricha advised that the Fair will get with the Fire Marshal regarding our concerns.

**Small Quilt Auction** – Elizabeth Shapland will start reminding the Guild in January.

**Raffle Quilt 2024** – Pat Fox/Sue Gross. There are currently two options: 1) Blocks from Ellen Coughenour's stash that are complete, just need to be assembled into a top and, 2) Sue Gross has designed a block that will utilize Alaska themed fabric from Jan Cannon, blocks will need to be sewn by volunteers. The options will be made available on-line and a vote taken. Additional discussion – Tourists tend to like an Alaska themed quilt; maybe offer this every other year. Tricha proposed the idea of raffling both quilts.

**Quilting in the Snow** – Sue Gross said she was working on course offerings and possibly a mystery quilt. To be held January 26-28; registration forms available on line.

**Block of the Month** – Kathy Richardson announced 22 blocks were submitted and won by Catherine Harder. There will be no BOM in December.

**OLD BUSINESS**

**Nominations** – Still need to fill the Secretary position; Veronica Belton has volunteered to cover for November & December.

**Reminder** - if you bring items to give away and they aren't taken, be sure to take them home with you.

Pat Fox has turned over Guild Newsletters to the UAF Archives.

**Guild Brochure** – Diana Wariner said the prototype should be available online in December.

**Ornament Exchange** – Sharon Weekley reminded everyone who wishes to participate to bring a handmade ornament to the December meeting.

Karyn Janssen brought ¼ yard fabric pieces from Ellen's stash for attendees.

After the break, several members participated in Show and Tell.

**Drawings:**

Name tag – Kim Wordwell

Fat Quarter – Shirley Sterner

Door prizes – Colleen Pedretty, Brenda Doggett, Carol Moore, Carla Drivenker

Meeting adjourned at 8:35

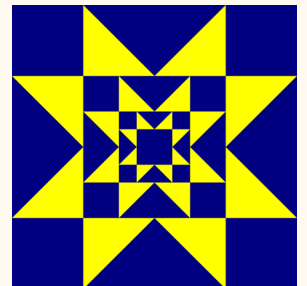
Next Board Meeting is December 13.

Next General Membership Meeting is December 19.

Submitted by Veronica Belton

**NOTES & NEWS****BLOCK OF THE MONTH**

No Block of the month for December. We all have projects to work on, so let's take a break. See you in January!



# ANNOUNCEMENTS ~ This & That!

## VOLUNTEER OPPORTUNITIES

### QUILTS OF VALOR

- Sally Benevento:  
Quilting Lions & Friends
- [sallyb@gci.net](mailto:sallyb@gci.net) , 479-5203



### COMMUNITY SEWING

Community Sewing will be taking a break until  
Monday, January 22, 2024

Questions?

Contact: Elaine Thompson McGee 907-322-0448  
[elaineltm@gmail.com](mailto:elaineltm@gmail.com)

### December Hospitality Unavailable at Press Time



*Would YOU care to bring something?*

### Google Groups

- The Guild uses Google Groups for communications.
- As I receive new membership information, I will send an invitation to you from the CFQG Google Group.
- You will receive an email from CFQG with a subject line of **Invitation to Join**.
- All you have to do is click on the blue box that reads **Accept this invitation** and you will have joined the group.

If you have not received the email, the link is:

<https://groups.google.com/g/cfqq/>

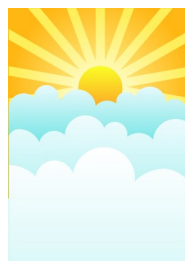
Elaine Thompson McGee  
322-0448 [elaineltm@gmail.com](mailto:elaineltm@gmail.com)

### FAT QUARTER DRAWING

December:  
Christmas Fabrics—  
Red and Green



## Sunshine Sue News



This month a was sent to:  
Lolly Carpluk

Sunshine Sue requests should be sent to:  
[owascolake2@gmail.com](mailto:owascolake2@gmail.com)

### UPCOMING EVENTS

**Quilting in the Snow**  
**January 26-28, 2024**

## Find us...



**Webpage:**

<http://www.cfqgalaska.org>

Look for the forms, events, policies, etc.



**Facebook:**

<https://www.facebook.com/CabinFeverQuiltersAlaska>

## WHY WE QUILT

# Why We Quilt

This is an invitation to introduce yourself to our members who don't know you, but also to let everyone know why you quilt or how you quilt. Consider it a self-interview format. Write about your motivations and methods. Do you have any tips or shortcuts you use, maybe favorite and unexpected tools that make things easier? Is there a particular color palate that brings joy? Do you make quilts as gifts or as a way to memorialize your loved one with fabric from their favorite clothing? What size quilts do you make? What drives you to make quilts rather than another outlet? What else do you want to say about your quilts and quilting?

I'll start. My name is Katherine Helmuth, but I go by Kat with the guild. Generally speaking, I make quilts or quilt-like projects for two reasons.

First is exploration. Trying out some new technique, like adding ruffles or pleats to give dimension. Sometimes it is a way of piecing fabric and then manipulating it to another configuration. But most often I make what I call profound quilts.

These pieces can range in size from 10 inch squares to something much bigger. One way to describe them is art quilts. But they are more than that. I start with an original design that reflects something emotional or possibly physical in my life. The design process can be quick if I get a sudden inspiration or take months as I work on the details and math of how to create my vision. I think my love of geometry and some fundamental understandings of art help in my process.

Nontraditional might be another way to describe my work. While I have colors I love, I use contrasting colors as well as brighter and darker hues to create emotional statements. I almost never use traditional block patterns in my quilts, often because I need the piece to make a cohesive picture rather than an interconnected series of similarities. My designs often undergo metamorphosis as I work. Changing the interplay of shapes and colors because something doesn't feel right yet or because I just got handed a perfect fat quarter to play with.

I have long considered my quilting as therapy. Perhaps on a deeper level than most. I have made quilt pieces about the effect of death on our lives, The progression of my cancer, my journey with my heart surgery, and dealing with a difficult work situation.

Most of my quilts are too personal to give as gifts. Some people might even find them ugly. But I do share some of the pieces that were made to explore techniques, or made just to belong to someone else.

If you are interested in learning more about my methods or would like help designing your own profound quilt feel free to reach out.

Kat

# QUILTING IN THE SNOW RESERVATION FORM

January 26, 27, 28, 2023 – Chena Hot Springs Resort

You **MUST** be a paid-up Guild member to register

**\*\*Registration must be handed to Sue G or Colleen P or mailed (address below)\*\***

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

**Registration Fee:** includes lodging, food, classes, swimming, and special mementoes: \$ 325

**Additional option fees:**

Group Photo (select size)

(8x10) \_\_\_\_\_ \$2 each

(5x7) \_\_\_\_\_ \$1 each

Pattern Fee for Mystery Quilt

\_\_\_\_\_ \$7 each

Additional Fees TOTAL \$ \_\_\_\_\_

Less minimum deposit \$ \_\_\_\_\_

If you are teaching half day \$ -68

If you are teaching full day \$ -137

**BALANCE DUE BY DECEMBER 19: \$ \_\_\_\_\_**

Class Choices: please CIRCLE to sign up! Iron Cozy TBA (But FUN!) Independent Sewing

Room Request: We will assign rooms on a “first-come-first served” basis & will contact you if we cannot honor your request.

Family Suite \_\_\_\_\_ (spacious 2-room suite w/4 beds -2 Q, 2 T; 1-1/2 baths; min 4-max 6 quilter)

Signature Room \_\_\_\_\_ (2, 3, 4 quilters in 2 double beds)

Roommate Requests \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Special Needs/Food Requests \_\_\_\_\_

**Make checks payable to Cabin Fever Quilters Guild (CFQG). Mail forms and \$50 deposit to:**

Sue Gross - QIS

2445 Green Acres Dr

Fairbanks, AK 99712

Contacts: Sue Gross, 907-347-5275 or email Colleen Pedretty: [colleenp@acsalaska.net](mailto:colleenp@acsalaska.net) with questions.

Cabin Fever Quilt Guild  
PO Box 83608  
Fairbanks, AK 99708

## CABIN FEVER QUILTERS' GUILD MEETING



*December 19, 2023*

*Meeting 7 - 8:30 PM*

- *Wear Your Homemade Name Tag!*
  - *Show & Tell Your Projects*
  - *Block of the Month*
  - *Fat Quarter Drawing*